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**Impact of Event Scale**

<b>Availability:</b>	Please visit this website for more information about the instrument: <a href="#">Click here for the Impact of Event Scale</a>
<b>Classification:</b>	<p><b>Exploratory:</b> Spinal Cord Injury (SCI)</p> <p><b>*Note:</b> Not recommended for Pediatric SCI</p>
<b>Short Description of Instrument:</b>	The Impact of Event Scale (IES) measures current subjective stress that is related to a specific event. It is based on a list of items composed of commonly reported experiences of intrusion and avoidance.
<b>Comments/ Special Instructions</b>	<p><b>Means of administration:</b> Self-report</p> <p><b>Intended respondent:</b> Patient/Participant</p> <p><b>Number of items:</b> 15</p> <p><b>Scoring:</b> (for each item)</p> <p>0 = not at all</p> <p>1 = rarely</p> <p>3 = sometimes</p> <p>5 = often</p> <p><b>*Psychometric Properties:</b> Literature review of studies that evaluate the IES's psychometric properties indicate that its structure remains stable over different types of events. The IES can discern between stress reactions occurring at different times following the event and it has convergent validity with observer-diagnosed post-traumatic stress disorder. It is a useful measure for screening those who need treatment.</p> <p><b>SCI-Pediatric specific:</b> This scale is normed for adults; study found a number of items misinterpreted by children.</p> <p><b>*Psychometrics</b> lacking for SCI specific studies.</p>

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<b>References:</b>	<p>Horowitz M, Wilner N, &amp; Alvarez W. Impact of Event Scale: a measure of subjective stress. <i>Psychosom Med</i>, 1979; 41(3):209–218.</p> <p>Neugebauer E1, Bouillon B, Bullinger M, &amp; Wood-Dauphinée S. Quality of life after multiple trauma--summary and recommendations of the consensus conference. <i>Restor Neurol Neurosci</i>. 2002; 20(3-4):161–167.</p> <p>Sundin EC, Horowitz MJ. Impact of Event Scale: psychometric properties. <i>Br J Psychiatry</i>. 2002;180:205–209..</p> <p>Zilberg NJ, Weiss DS, Horowitz MJ. Impact of Event Scale: a cross-validation study and some empirical evidence supporting a conceptual model of stress response syndromes. <i>J Consult Clin Psychol</i>. 1982; 50(3):407–414.</p>
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